

# THEMATIC SEMINAR FOR SECONDARY SCHOOL TEACHERS ON CAREER GUIDANCE SERVICES FOR

SEMINAR B: STUDENTS WITH SPECIAL EDUCATION NEEDS (SEN)

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## Clinical Disorder in DSM-IV Diagnosed in Children & Adolescents

1. Mental Retardation 弱智

2. Learning Disorders 學習障礙

Reading Disorder, Mathematics Disorder, Disorder of Written Expression

3. Communication Disorders

a. Expressive Language Disorder,

b. Mixed Receptive-Expressive Language Disorder表達性和感受性語 言障礙,

c. Phonological Disorder音位學障碍,

d. Stuttering 口吃

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4. Motor Skills Disorder 運動 技能障礙

Developmental Coordination
Disorder

5. Pervasive Developmental Disorder廣泛性發育障礙

a. Autistic Disorder,

b. Rett's Disorder 雷特病,

c. Childhood Disintegrative Disorder ,兒童期分裂障

d. Asperger's Disorder

## Clinical Disorder in DSM-IV Diagnosed in Children & Adolescents

6. Attention-Deficit 專注力不足 & Disruptive Behavior Disorders 破壞性行為障礙

Attention-Deficit/ Hyperactive Disorder過度活躍症 (3 types)

Conduct Disorder 品行障礙(2 types)

Oppositional Defiant Disorder 對立 違抗性障礙

#### 7. Tic Disorders

Tourette's Disorder 妥瑞氏症

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Chronic Motor or Vocal Tic Disorder慢性運動或發聲抽動障礙

Transient Tic Disorder短時抽搐性障 礙 (2 types):

## 8. Feeding & Eating Disorders

Picas 異食癖, Rumination Disorder反芻症, Feeding Disorder of Infancy or Early Childhood

9. Elimination Disorders排泄性疾病

Encopresis 大便失禁, Enuresis 遺 尿症(3 types)

#### 10. Other Disorders

Separation Anxiety Disorder分離 焦慮症、

Selective Mutism選擇性緘默症,

## **Types of Special Learning Difficulties**

I. Childhood Disorders

Pervasive Developmental Disorder (PDD): Childhood Autism

**Special Learning Disorders: Reading & Writing Disorders** 

**Internalizing: Anxiety Disorders** 

Externalizing: Attention-deficit & Hyperactivity Disorder (ADHD)

## What are Special Education Needs (SEN)?

A child or young person has special education needs

if he or she has LEARNING Difficulties or Disabilities

that make it harder for him or her to learn than most other children and young people of about the same age (UK government)

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## **SEN** Includes

**UK Government** 

- 1.Learning Difficulties
- 2.Social, Emotional or Mental Health Difficulties
- 3.Special Learning Difficulties (Reading, Writing, Number Work, Understanding Information)
- 4.Sensory or Physical Needs (Hearing Impairment, Visual Impairment or Physical Difficulties)
- 5.Communication Problems
- 6.Medical or Health Conditions

HK Education Bureau Circular No. 12/2015

- 1. Special Learning Difficulties (SpLD)
- 2. Intellectual Disability (ID)
- 3. Autistic Spectrum Disorder (ASD)
- 4. Attention Deficit / Hyperactivity Disorder (AD/HD)
- 5. Physical Disability (PD)
- 6. Visual Impairment (VI)
- 7. Hearing Impairment (HI)
- 8. Speech & Language Impairment (SLI)

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# **Understanding Special Education Needs**

**Externalizing Problems** 

## Attention-Deficit Disorder (ADD) 專注力不足

Attentive Deficit Disorder with hyperactivity (ADD with H)

Attentive Deficit Disorder without hyperactivity (ADD without H)

Three subtypes

Combine type: both hyperactivity-impulsivity & inattention

Predominantly inattentive type

Predominantly hyperactive-impulsive type

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## **Characteristics of the Predominantly Inattentive Type of ADHD**

## 1. Inattentive Symptom

Easily distracted by extraneous stimuli Does not seem to listen when spoken to **Difficulty following directions** Difficulty focusing & Sustaining attention Often loses his or her place when reading Appears to be day dreaming Often confused

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**Psychiatric-Comorbidity: Significant Co-occurring Problems** 

Underachieve academically: Due to intellectual capabilities & Learning Difficulties

**Emotional disturbance & attention deficits** 

**Academic Performance Deficits: difficulties completing** independent work in a timely fashion

Academic Skills Deficits: difficulties with inattention. impulsivity & over-activity

## **Characteristics of the Predominantly Inattentive Type of ADHD**

Failed to finish work; many incomplete assignments

3 primary components to diagnosis ADHD

Difficulty working independently

Gets boiled easily

Inattention (注意力不集中)

Dose not pay attention to

details

Hyperactivity (多動)

Poor study skills

Disorganized; loses/cannot

find belongings

Little or no awareness of

time

Impulsivity (衝動)

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## **Psychiatric-Comorbidity: Significant Co-occurring Problems**

**Internalizing Disorder: Both Depression & Anxiety** Disorder

Externalizing Disorder: Serious misbehavior, usually aggressive or destructive, physically cruel, disobedient or dishonest

\* Adjustment Problems: Mood problems, substance use, failed to complete high school

## **Positive Traits associated with ADHD**

**Outgoing Energetic** 

Creative Observant

**Exciting** Inquisitive

**Tenacious** Innovative

Risk-taker **Spontaneous** 

**Highly Verbal** Warm hearted

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## **Pervasive Developmental Disorder: Autistic Disorder**

Social or emotional reciprocity

Make-believe or social imitative play

Impairment in communication

(>1)

Restricted repetitive & Stereotyped behavior, interests

& activities (>1)

Spoken Language

Restricted interest (intensity or

focus)

Initiate or sustain a conversation

Inflexible non-functional

routines

Stereotyped & repetitive use of language

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## Asperger's Disorder 亞氏保加症候群

Asperger's syndrome is characterized by deficits in social interaction & stereotyped or repetitive behaviors & obsessive interests

Unlike Autism, deficits in communication & cognitive capacity are not present

Asperger deficits in adaptive functioning but rather than cognitive impairment

Questions about distinction between Asperger's disorder & High Functioning Autism (children with autism who do not have a cognitive impairment)

## Asperger's Disorder 亞氏保加症候群

Impairment in Social interaction

Restricted & Stereotyped patterns of behavior, interests & activities

**Motor clumsiness** 

No significant delay in language

No delay in cognitive development

## **Comorbidity**

mental retardation

**Depression & anxiety** disorders are common in children with autism. especially those who are higher functioning

Non-verbal (i.e. mute), language deficits

Echolalia (repeating what is said to them) more severe behavioral

Try to get away from sensory stimulation

**Autistic children show** 

problems

more repetitive behavior movement problems than do children with Asperger's disorder

**Display Emotional & Behavioral Difficulties** 

I. Act Out

II. Act In

**Demonstrate Aggressive** 

**Appear Anxious** 

**Depressed** 

Threatening

Withdrawn

Passive or unmotivated

**Disruptive and Attention** Seeking Behavior openly Have barriers to learning

Low Self Esteem

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Work

- 1. " An activity that produces something of value for people"
- 2. It is a process rather than a one-time decision
- 3. Attempt to find the one which better allows them to implement their self concept

## Joh

- 1. A piece of work undertaken on order at a stated rate
- 2. Task and organization centered
- 3. A post of employment; Full time/ Part time position

What SEN Students Should Know & Be

Think About the Concept of JOB,

Work & Career

**Able to Do in Career Choice** 

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Career: Time extended working out of a purposeful life pattern through work undertaken by the person

- 1 Time extended: career is a life long process
- 2. Working out: career is the result of compromises and tradeoffs between what a person might want and what is possible.

3. Purposeful: career has meaning and purpose for the person, it is planned, contemplated, worked on and executed

4. Life pattern: career is more than one's employment or job

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## What SEN Students Should Know & Be Able to Do in Career Choice

## 1. Knowledge & Skills

- a. Academic Skills: Reading, Writing, Speaking & Reasoning Development
- b. Knowledge of the world of Work place: The Concept of Work, Work-Related Tools, Various Work Environment
- c. Career Decision Making Skills: Identify Personal & Societal Values, Occupational Opportunities, Sources of **Occupational Information**

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## What SEN Students Should Know & Be Able to **Do in Career Choice**

## 1. Knowledge & Skills

- d. Job Choices: major occupational interests, make realistic occupational choices, become familiar with career options
- e. Life Planning: Career Development as a continuous process, a change of careers over a working lifetime
- f. Job Acquisition Skills: Job Searching Skills, Application Skills, Interviewing Skills

## What SEN Students Should Know & Be Able to Do in **Career Choice**

### 2. Behaviors

- a. Social Behaviors: State Facts Clearly, Listen & Respond Appropriately, Express Feelings & Respond Appropriately
- b. Self-Presentation: Demonstrate Hygiene & Grooming, **Demonstrate Patience & Introduce Self**
- c. Realistic Awareness of One's Own Abilities & Limitations

## What SEN Students Should Know & Be Able to Do in Career Choice

### 2. Behaviors

- d. Positive Image: Demonstrate Courtesy, Cooperation & Assertiveness
- e. Assess Proper Behavior for Situations: Respect the rights & property of others, understand the impact of one's behavior on others
- f. Working Behaviors: Attendance & Punctuality, Go to Work Regularly, Demonstrate Work Safety, Follow Rules & Procedures

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## **Communicating with Parents & Families**

- 1. For families of students with disabilities, RESPECT is critical
- 2. Respect for their KNOWLEDGE, OPINIONS, POINTS OF VIEW, FEAR, CONCERNS, ADVOCACY
- 3. Maintaining a Non-Judgmental attitudes: Willing to share information, ask questions or seek help with problems
- 4. Empathy is the ability to identify with another's feelings & to see the world from his or her perspective

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## **Communicating with Parents & Families**

- 5. Creating a Family-Friendly Environment to welcome family & feel comfortable enough to engage in a partnership
- 6. Communicating Positively with parents in their preferred language & balance negative communication with some positive comments about the SEN students
- 7. Providing Information & support to share their child's strengths & needs that are realistic & comfortable for them

# **SEN Case Studies Job Hunting Experiences**

Video Clip

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## **Career Counseling Models**

- 1. Trait & Factor & Personal Environment Fit Model
- a. Both cognitive & affective process
- b. Clinical Information & Qualitative
- c. Negotiate & Collaborate

#### 2. Learning Theory Model

- a. The key to enhancing selfknowledge
- To develop skills, interests & abilities to expand a client's outcome potential
- c. Cognitive functions provide clients with relationship to working world

3. Cognitive Information-Processing (CIP) Model

- a. Career Choice is approached as a problem-solving activity
- b. Self knowledge & Occupation knowledge are essential
- c. A sequence of activities for individual learning plan
- 4. Multicultural Career Counseling Model
- a. Identify Specific Needs of a special group of clients
- b. Focus on contextual elements of influence & recognizes
- c. Limited career choices & stereotypes

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## Clinical Practice of Cognitive Information-Processing (CIP) Counseling Model

### Step 1

- a. To Establish a trusting relationship
- b. To seek information about the clients' career problems
- c. To attend to both the emotional & cognitive components of the clients' problems
- d. To foster learning

### Step 2

- To determine the client's readiness for problem solving & decision making
- 2. To identify client's experience difficult in the career choice process as a result of dysfunctional thinking

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## **Clinical Practice of CIP Counseling Model**

## Step 3

- a. To define the problem as a "gap" between "indecision" & "Ideal state of career decidedness"
- b. To explain & state the problem in neutral rather than in judgmental terms

## Step 4: To formulate goals

## Step 5

- a. To Develop Individual Plan
- b. To provide a sequences of resources & activities

## **Clinical Practice of CIP Counseling Model**

### Step 6

- a. To execute individual learning plan
- b. To take the initiative in proceeding with the agreed-on plan
- c. With dysfunctional clients to use "identify", "Challenge" "Alter" & "Take Action"

## Step 7

- To focus through all steps on the client's career decision making status
- b. To understand sources of problems or the underlying reasons for certain behavior patterns
- c. To identify actions & provides clues to decision making & problem solving

## **Prevocational Information**

- 1. Sources of Occupational Information
- 2. Major occupational needs, interests & aptitudes
- 3. The requirements & demands of appropriate & available jobs
- 4. The process of searching, applying & interviewing for a job
- 5. The behaviors expected & necessary in competitive standards on a job

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# **Special Concerns & Needs of SEN Students in Career Counseling**

- 5. Need constant supervision
- 6. Adjust a different work role as well as other life roles
- 7. Support network & positive role models
- 8. Lend a hand with life skill training & job loss concerns

# Special Concerns & Needs of SEN Students in Career Counseling

- 1. Failure to accept one's limitations
- 2. Experience a sense of rejection from others
- 3. The frustrations can be accompanied by shame & feelings of inferiority
- 4. Poor self-concept & dealing with prejudice & discrimination

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## **Open Forum**

**Cases Discussion** 

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