

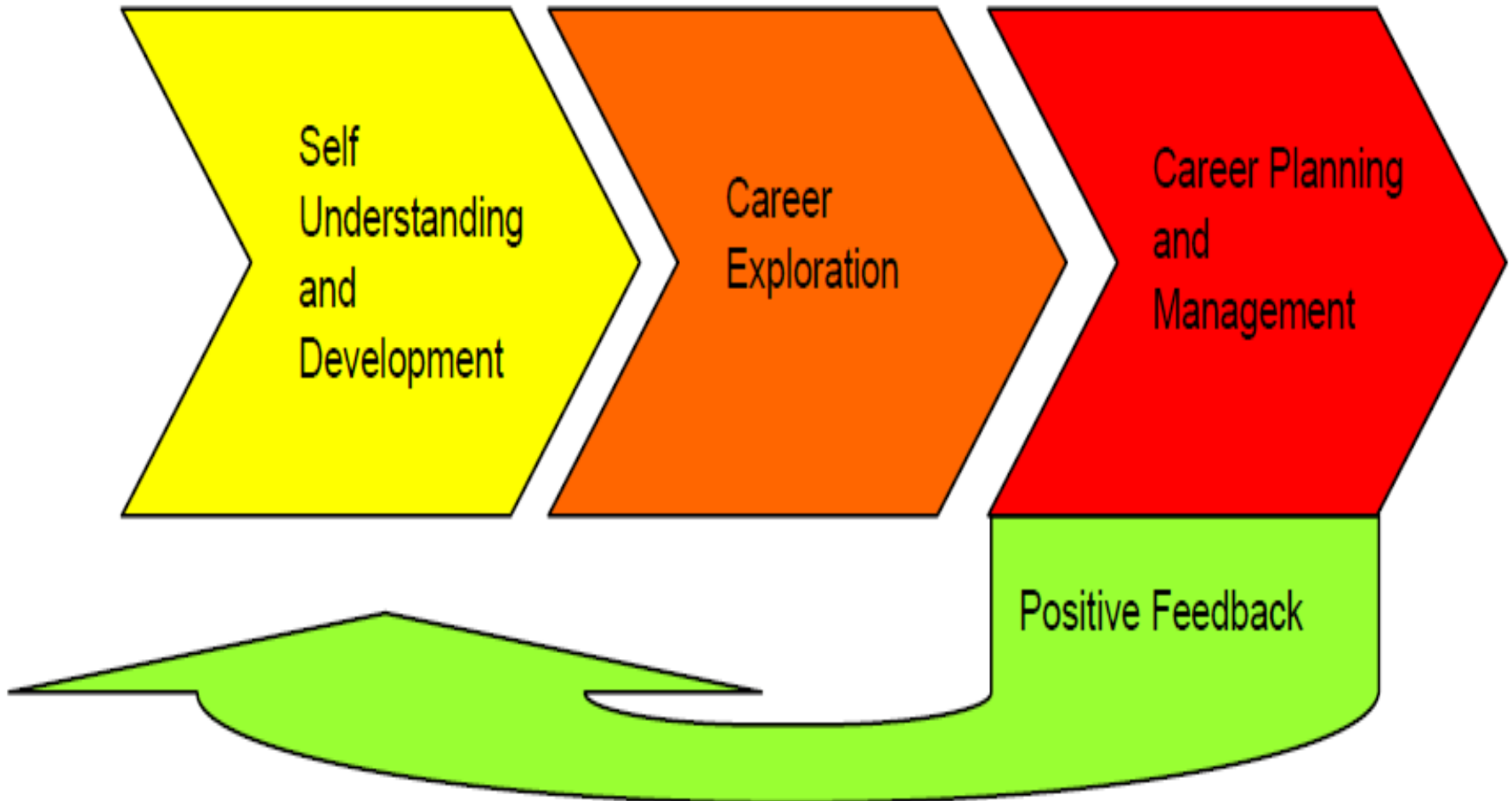
SKH Lam Woo Memorial Secondary School

Life Planning Education & Career Guidance Service



Ms. Shum SW 30-5-2016

Components of Career Development

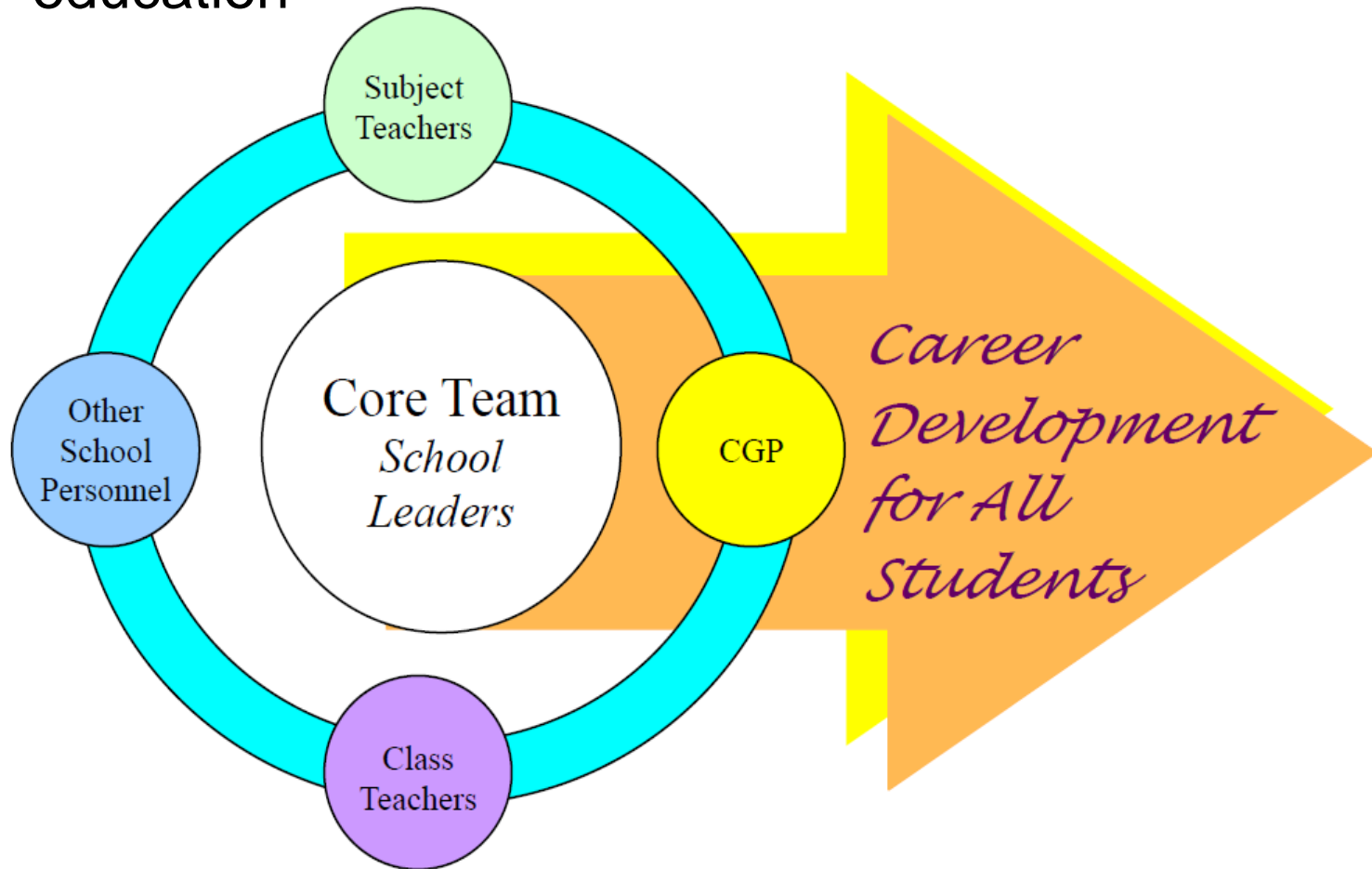


Reference:

Career Guidance Team, Education Bureau (2011), Recommendations on Career Guidance for Secondary Schools under the New Academic Structure.

Our direction

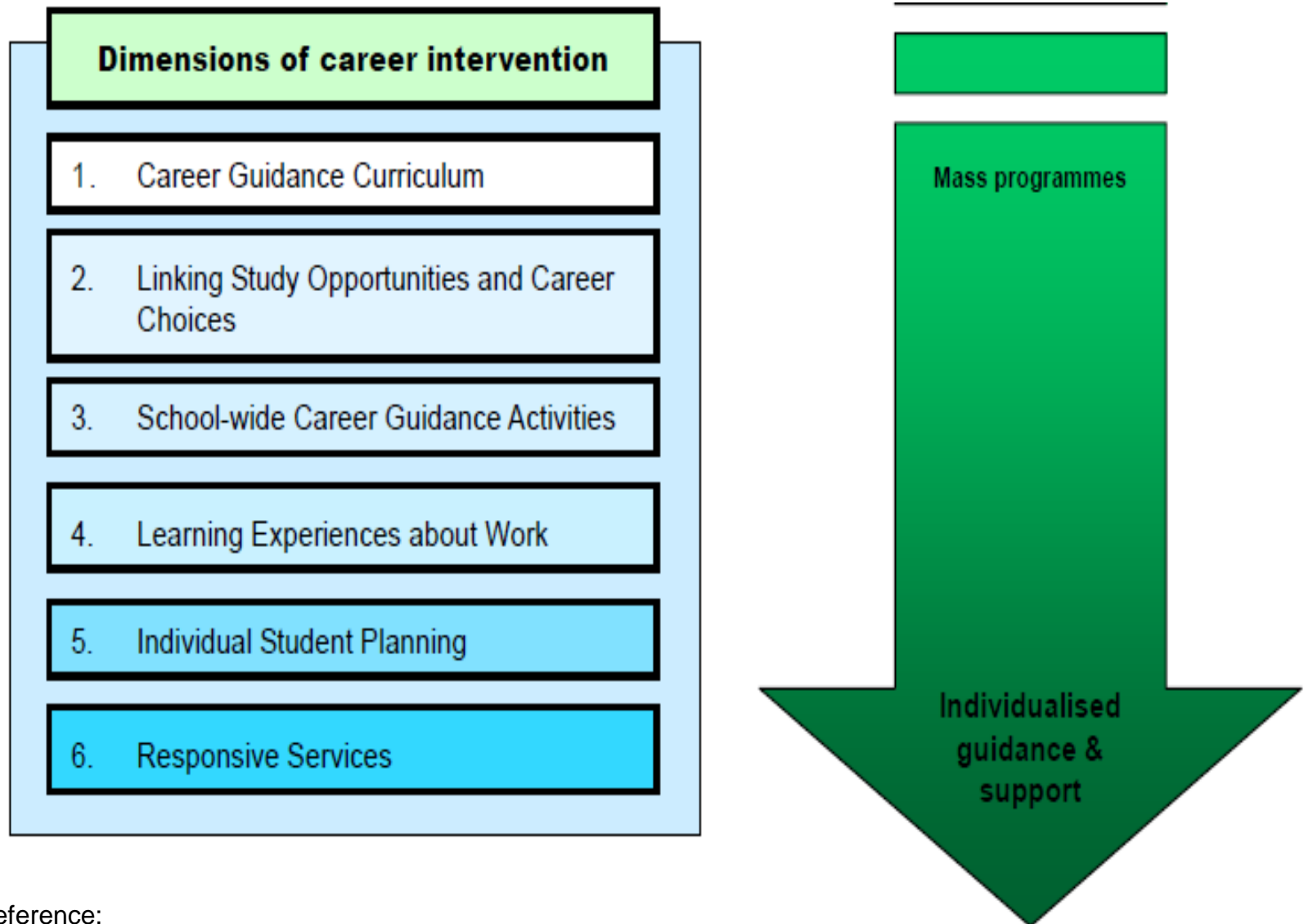
- **Whole-school approach** for career and life planning education



Reference:

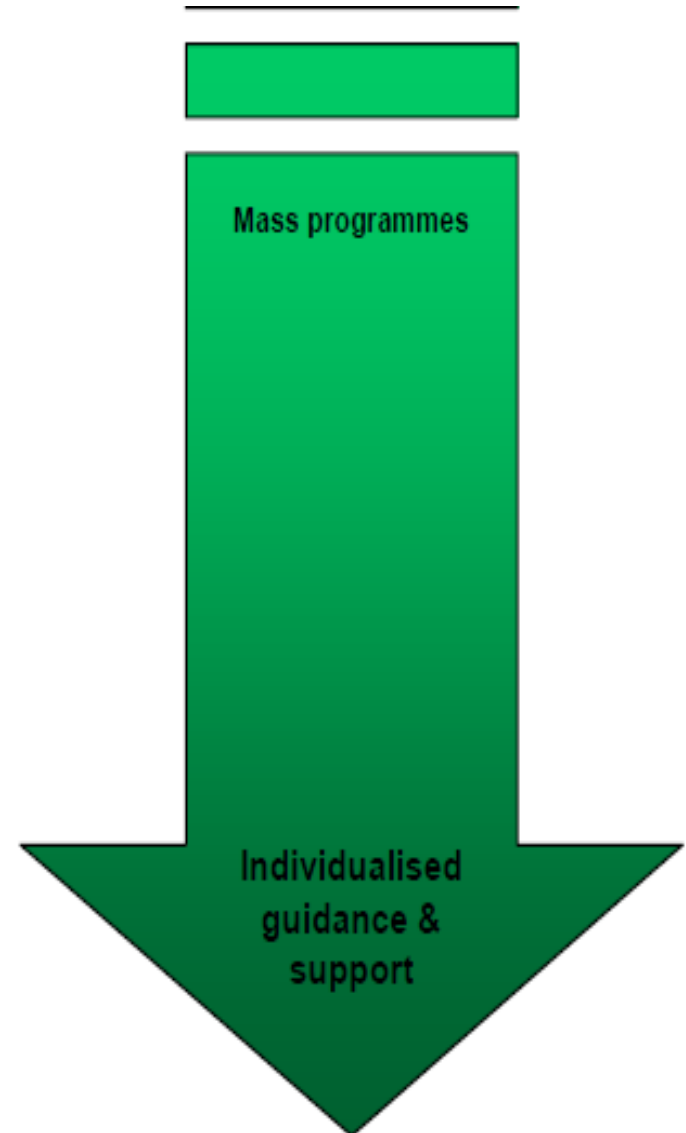
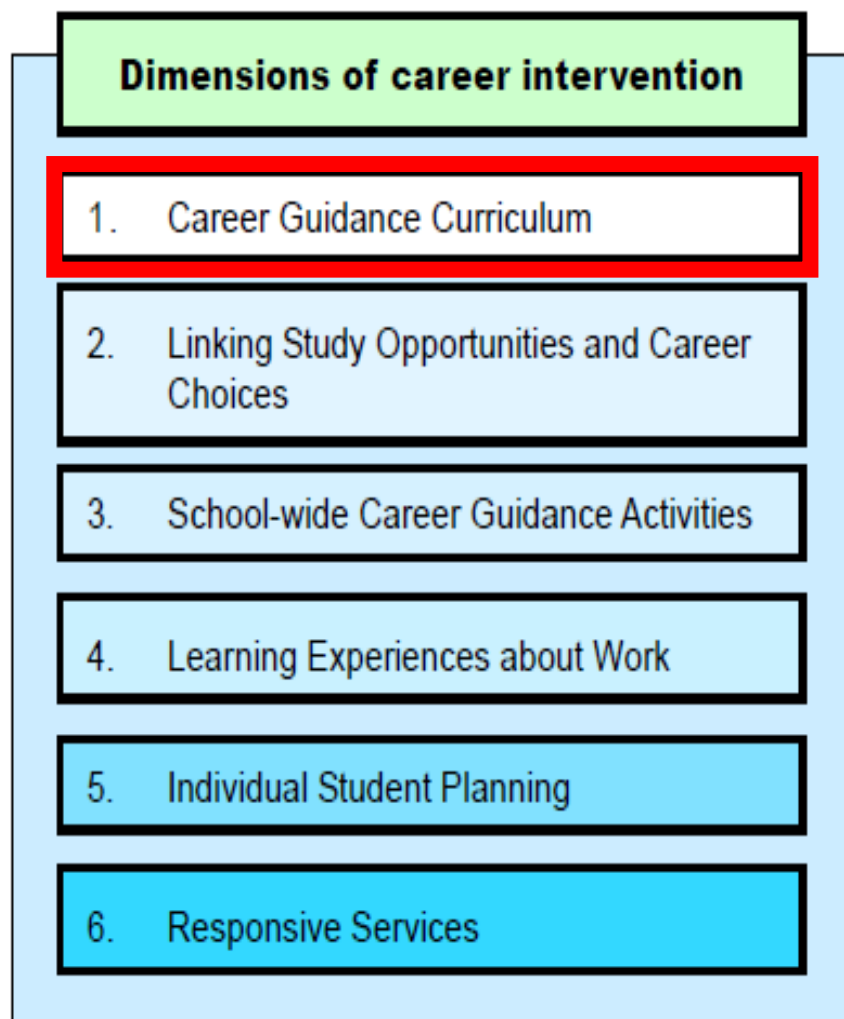
Career Guidance Team, Education Bureau (2011), Recommendations on Career Guidance for Secondary Schools under the New Academic Structure.

Six Dimensions of Career Intervention



Reference:

Career Guidance Team, Education Bureau (2011), Recommendations on Career Guidance for Secondary Schools under the New Academic Structure.



Reference:

Career Guidance Team, Education Bureau (2011), Recommendations on Career Guidance for Secondary Schools under the New Academic Structure.

2014-15

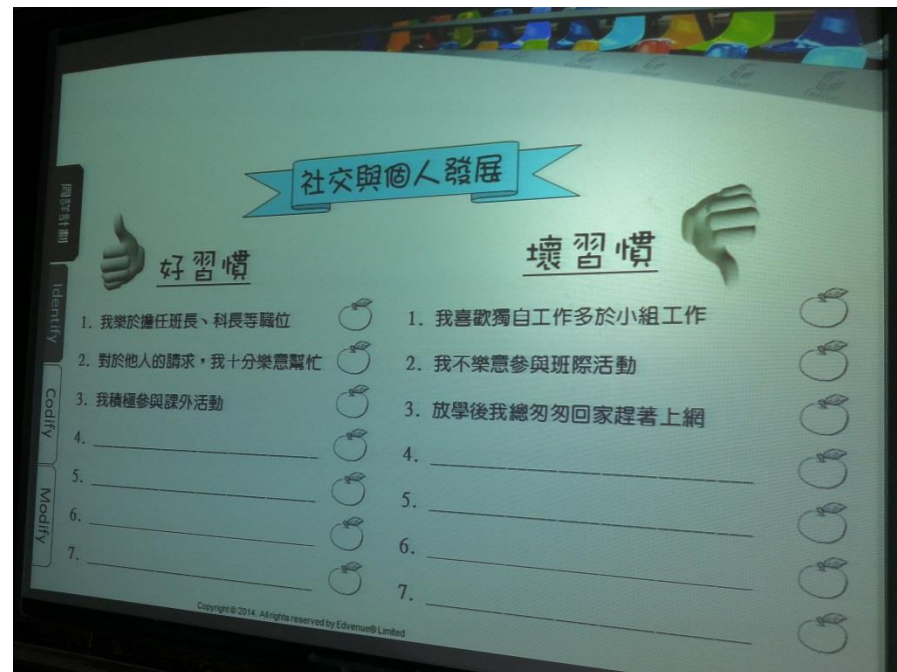
- “Life Skills Education” (F1) (RS Department)
- “FLY” Program(F1) (PCRES)
- “DREAM – A Shared Dream” (F1) (CS)
- “POSSIBILITY – Possible Jobs (F2) ” (CS)
- “P.A.T.H.S” to Adulthood Life Education (F3) (PCRES)
- 聖雅各福群會 - 自我認識工作坊 (F3) (CS)
- Life Education (F1-6) (PCRES)

F1 Career & Life Planning Education :

“DREAM – A Shared Dream”



I HAVE
A DREAM



F2 Career & Life Planning Education :

“POSSIBILITY – Possible Jobs”



F3 Career & Life Planning Education : “P.A.T.H.S” to Adulthood Life Education



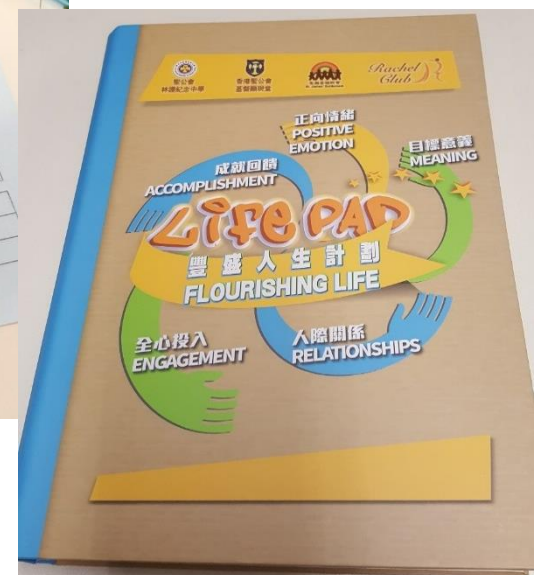
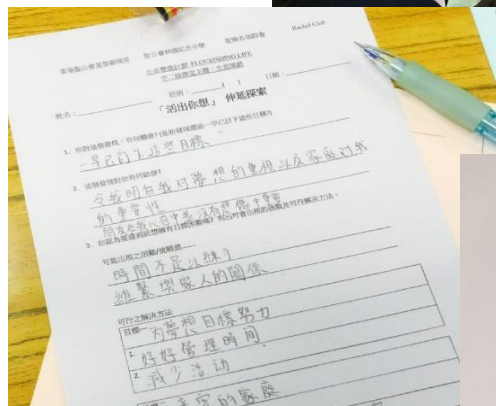
2015-16

- Flourishing Teens Project (F1-F3) (MC 2)
- “Life Skills Education” (F1) (RS Department)
- “FLY” Program(F1-F2) (PCRES)
- “P.A.T.H.S” to Adulthood Life Education (F3) (PCRES)
- Life Education (F1-6) (PCRES)
- Careers Education: Bringing Future into Focus (F4) (CS)
- Applied Strategic Thinking: Path to Further Studies (F5) (CS)



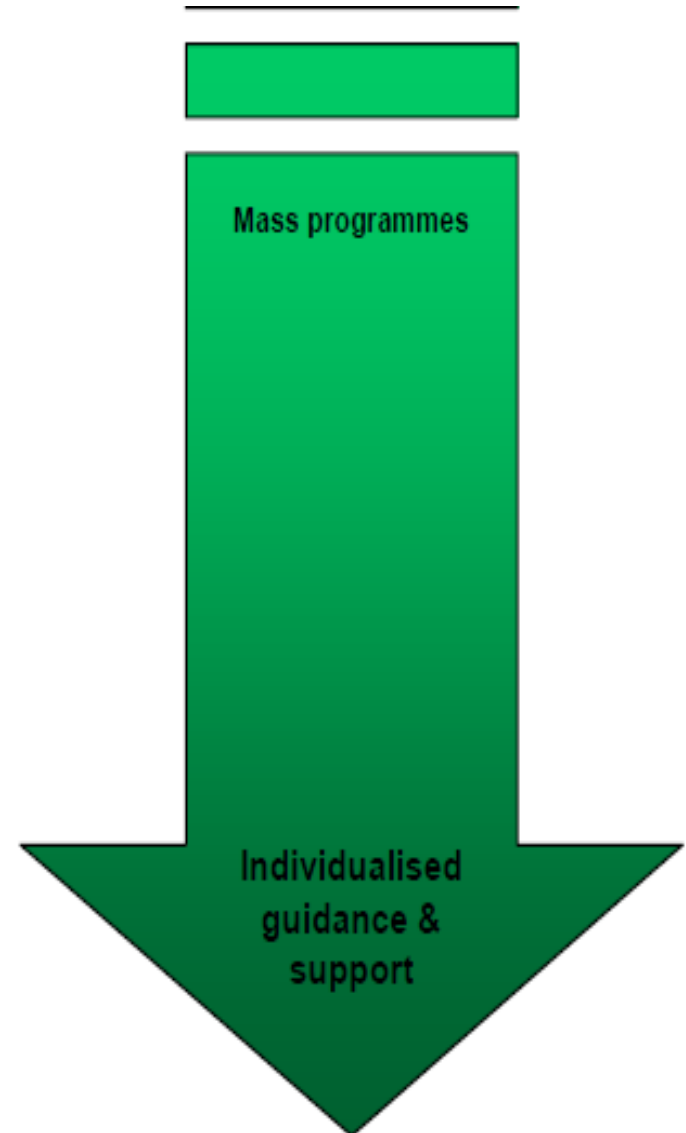
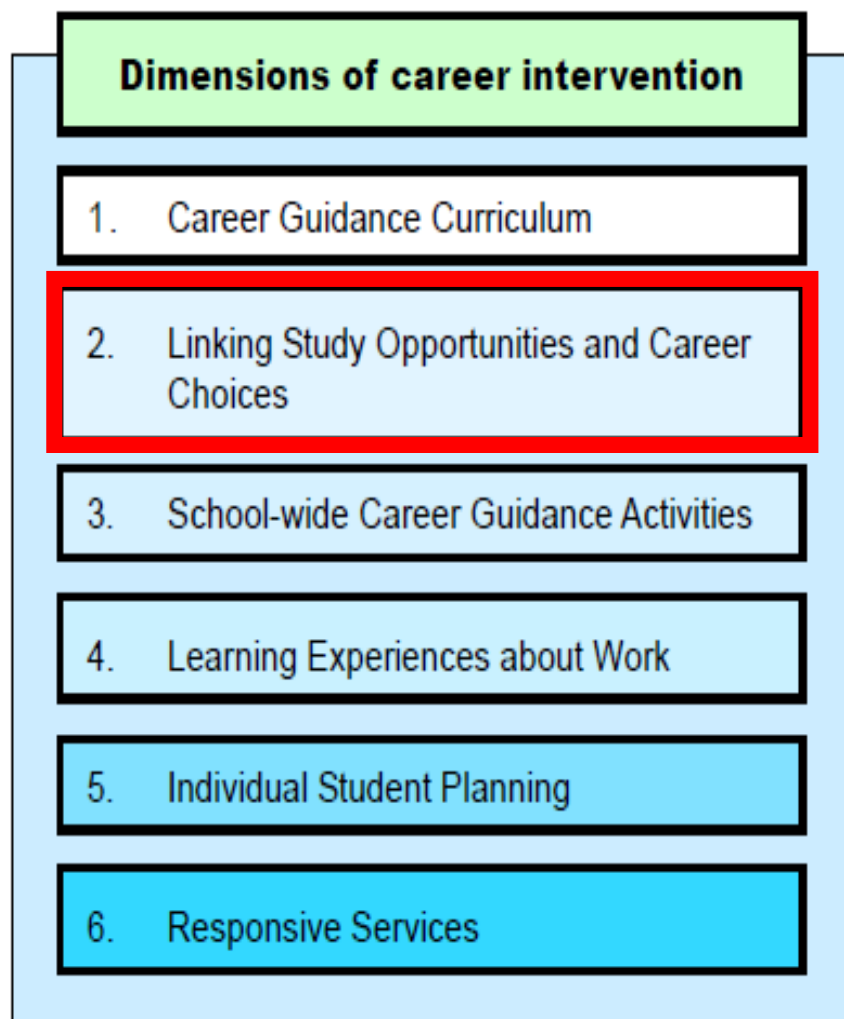
Flourishing Teens Project (F1-F3)

Career & Life Planning Education for Junior Form Students



Career & Life Planning Education for Senior Form Students





Reference:

Career Guidance Team, Education Bureau (2011), Recommendations on Career Guidance for Secondary Schools under the New Academic Structure.

Chemistry Department

CUHK Medicine Admission Talk



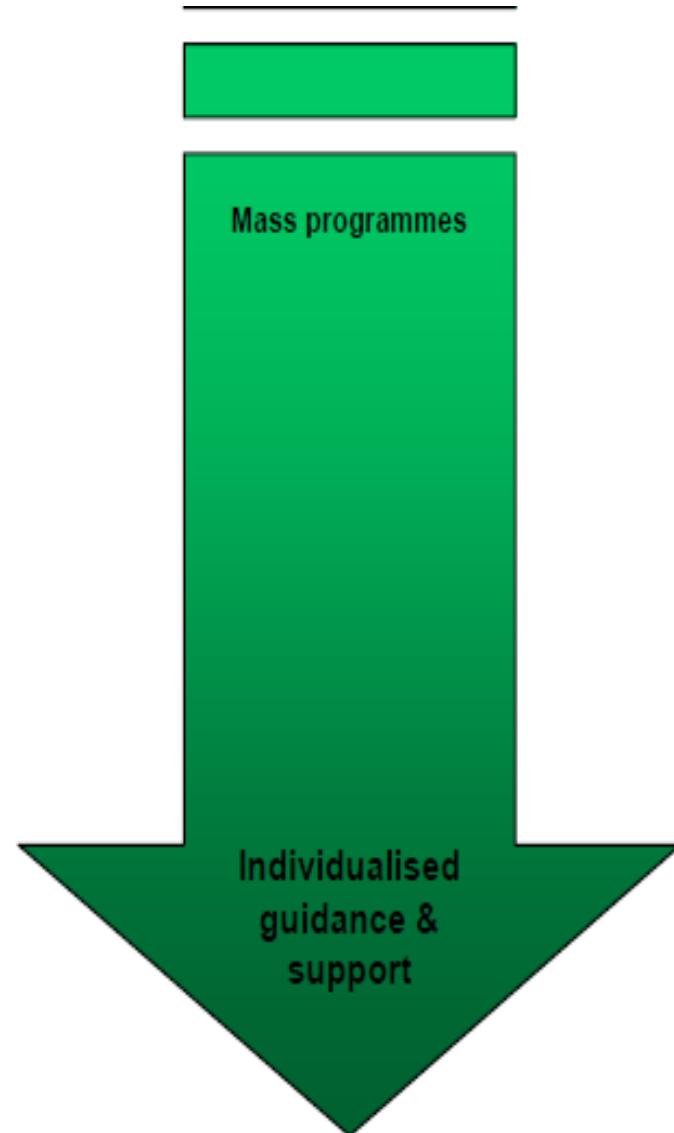
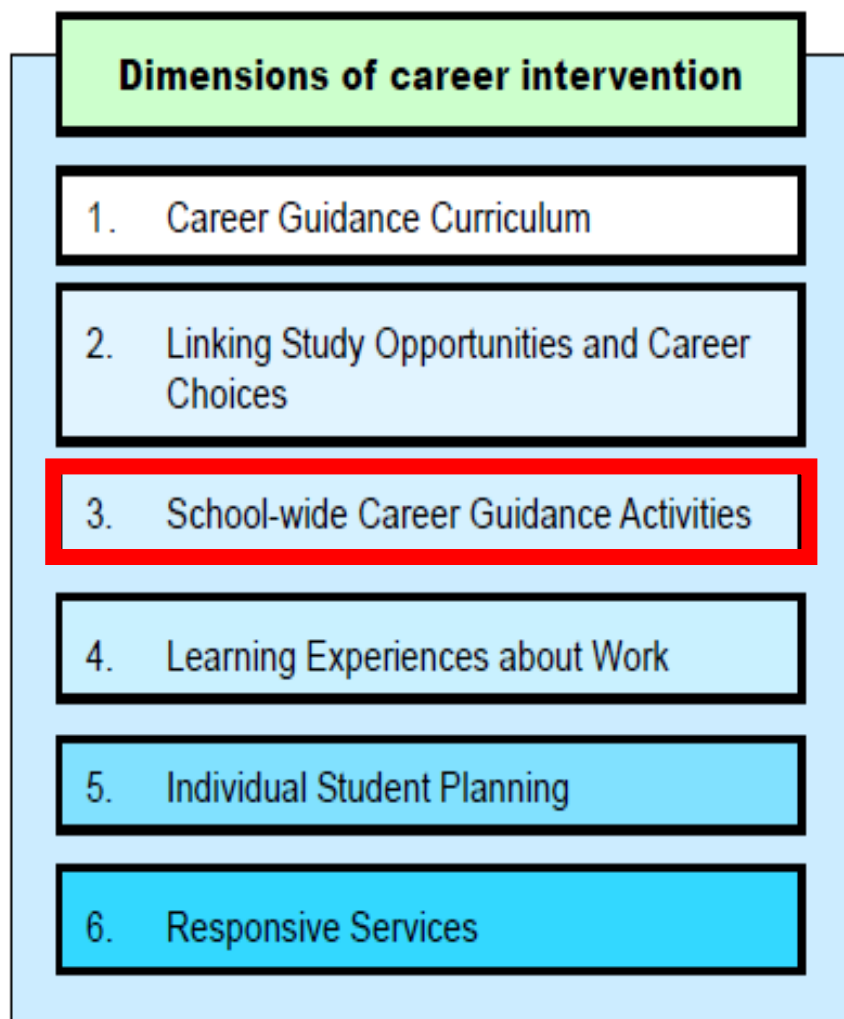
ERS 倫理與宗教科

Visit NGO & People's Food Bank



Moot Court Competition

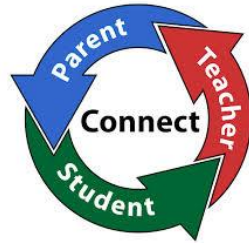




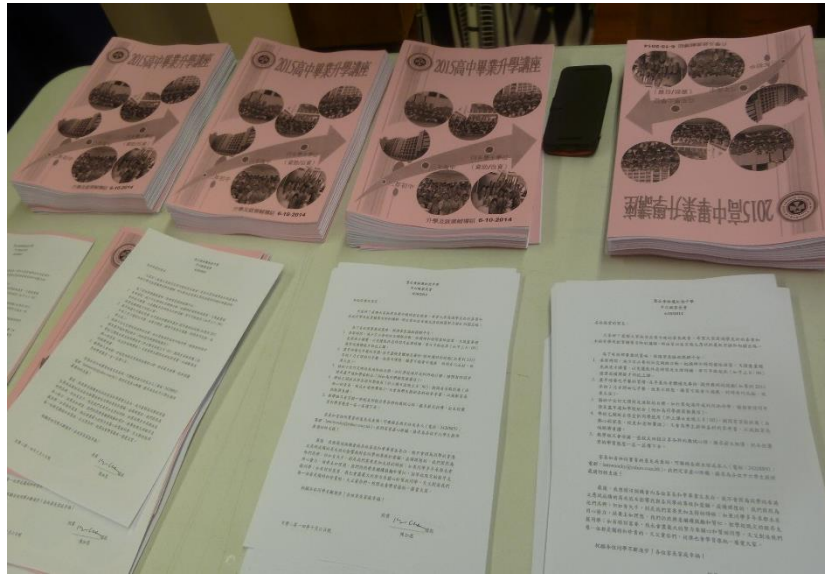
Reference:

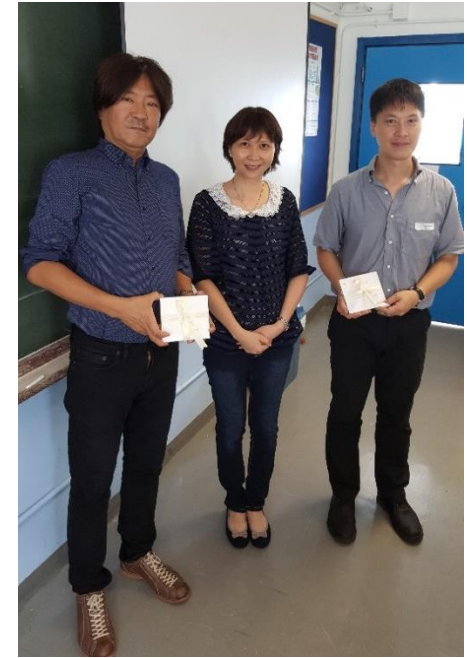
Career Guidance Team, Education Bureau (2011), Recommendations on Career Guidance for Secondary Schools under the New Academic Structure.

Getting to know the school for F1 students & parents



Admission Talk on Local / Overseas / China & Taiwan Study

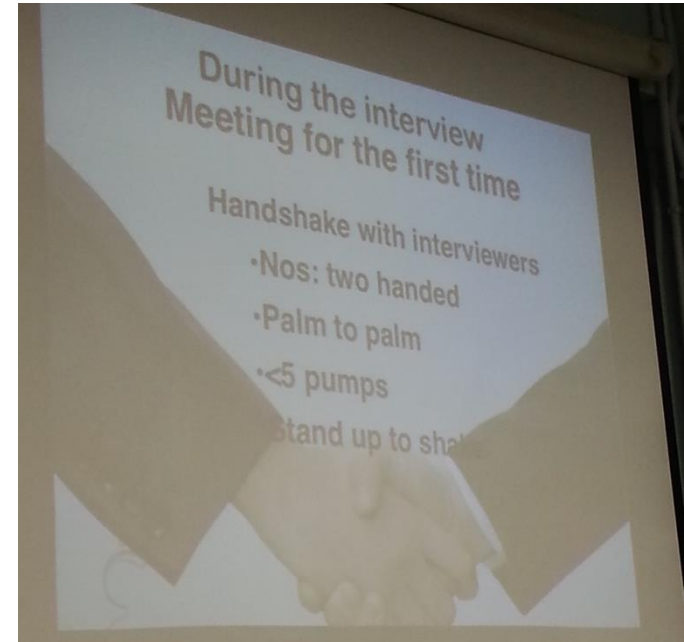




Careers Talk on Study in Japan



Talk on Interview skills, grooming & mock interview workshop



Alumni Sharing



Campus visit @ HKU & Alumni Sharing

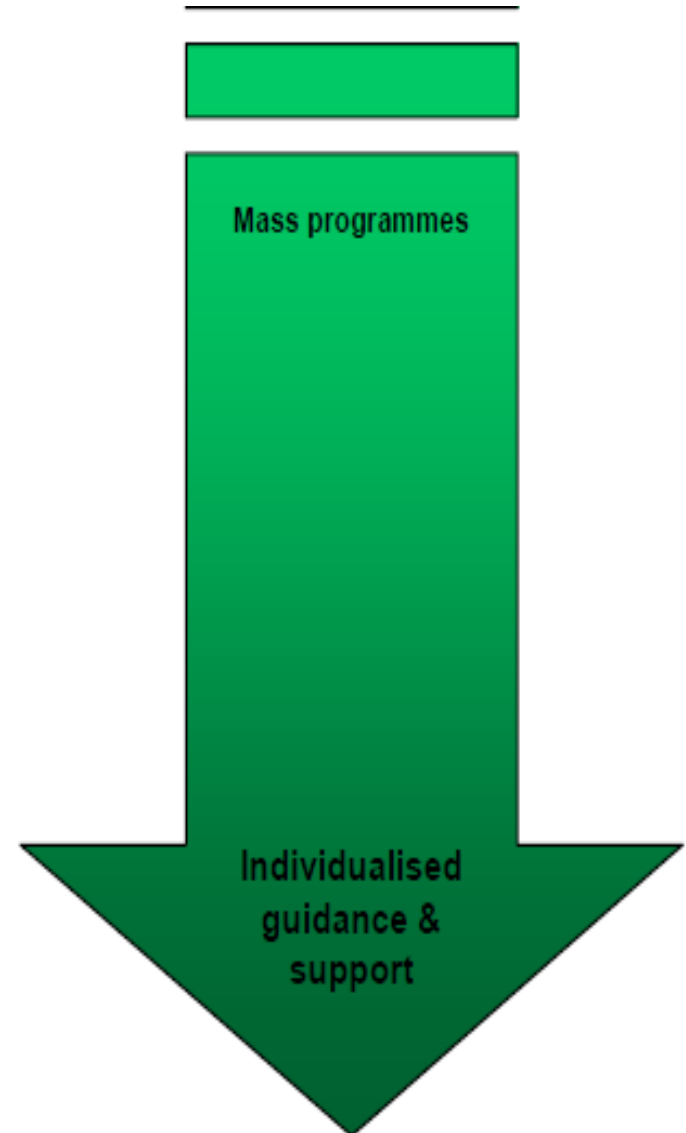
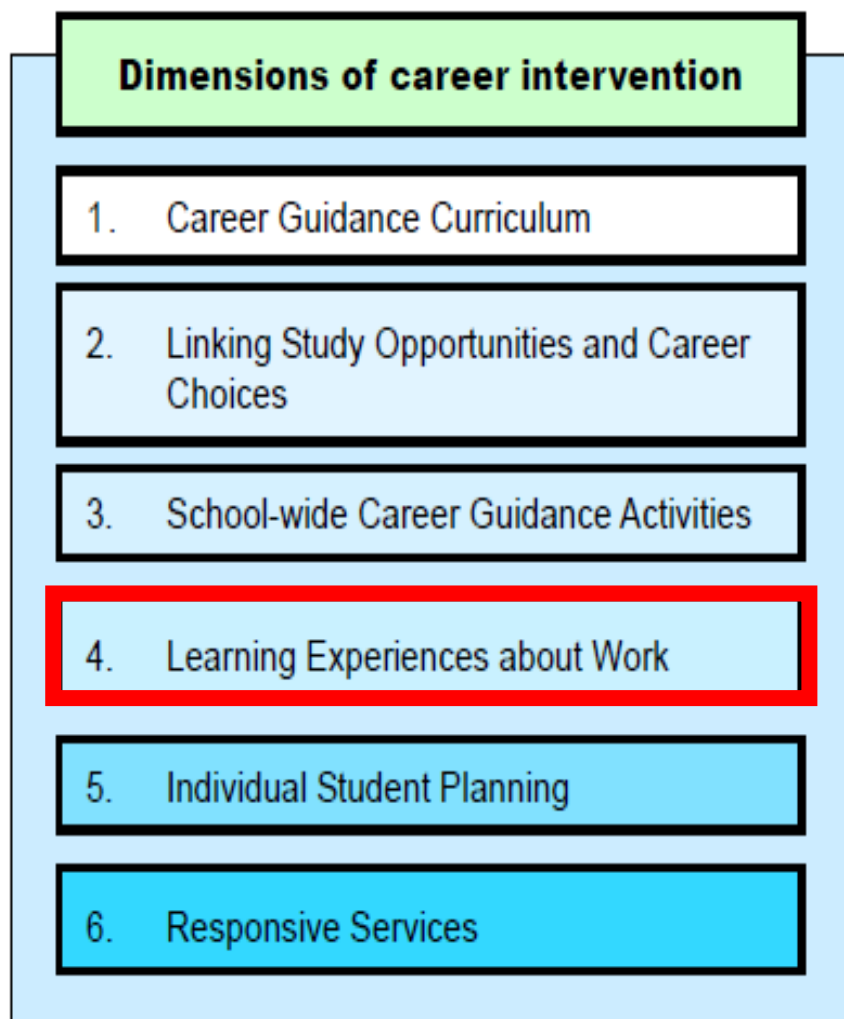


Campus visit @ CUHK & Alumni Sharing



Campus visit @ HKBU & School of Communication

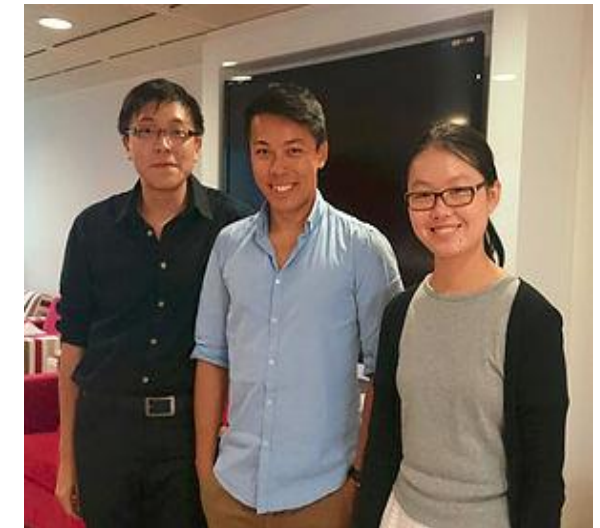
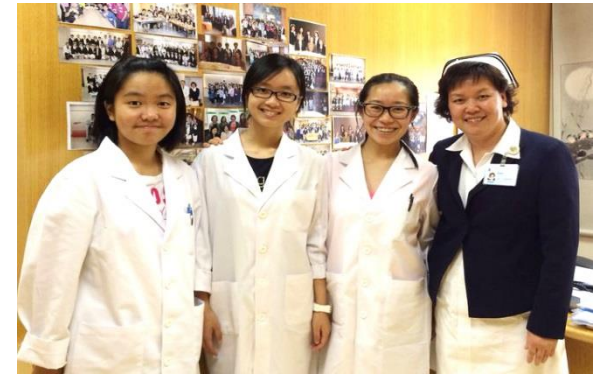




Reference:

Career Guidance Team, Education Bureau (2011), Recommendations on Career Guidance for Secondary Schools under the New Academic Structure.

ARCH Community Outreach -- Career Program



JA Job Shadowing @ Bloomberg

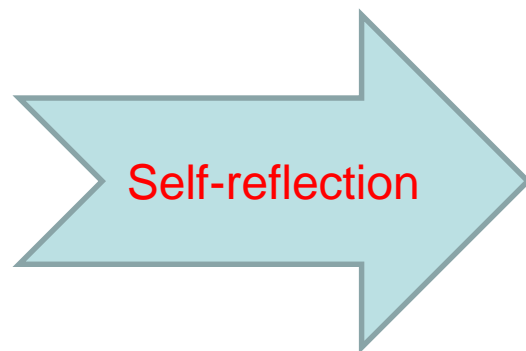


**Summer
Career-related
experience
scheme**



教育局商校合作計劃

「OK便利店工作體驗坊--學生工作體驗計劃」2016



教育局商校合作計劃 2015/16

「OK 便利店工作體驗坊--學生工作體驗計劃」

15-16 / 2/2016

聖公會林護紀念中學 中四級 蘇慕瑩 余意場

一直以來，我們只是便利店的顧客，從沒認真留意便利店鋪的環境和店員所做的每一個動作。但參加完這次的體驗計劃後，我們清楚了解到便利店的運作情況、作為店員須遵守的規則和所做的工作等。

在中心接受培訓時，令我們印象最深刻的是人事部经理所說：「作為便利店店員，需要做到 STF·S - Speed, T - Tidiness, F - Friendliness。」

在擔當便利店店員的過程中，讓我們學懂有關工作的術語，例如：「拉 facing」、「上水」等。便利店的工作看似很簡單，原來背後的功夫是很深奧的，如在「上水」時，界開一箱飲品都需要技巧，就是要在紙盒兩旁留下兩個把手位；另外，便利店內有一部機器用來查看倉庫裡的存貨，店員必須定時查閱各種貨品的數量，並視乎情況而決定向辦公室訂貨與否。



總括而言，這次到 OK 便利店的工作體驗讓我們獲益良多，我們希望日後能再有機會參加類似的計劃。



2015/16 Business-School Partnership Programme

Job shadowing @ Nuance Group



Report on Business-Schools Partnership Programme

By Kong Wing Pui

Summary

20 students from SKH Lam Wai Memorial Secondary School participated in a one-day business internship program in Dufray on 24 March 2016. Firstly, we went to the office of Dufray to have a lecture in order to know more its history. Dufray is a global travel retailer with operations in 63 countries and around 2200 shops. We were also introduced the basic concept of selling skills. Then, we visited the stores of Dufray-Fortress, Sense & Beauty and Sound & Vision in the restricted area of the airport. Not only visiting, we could also have an hour time to be the little sellers at shop.



Reflection

Before joining the program, I thought being a seller is a simple job as not much qualification is needed. However, after the internship as a seller, I found out that it is challenging job. Occasionally, I talked to one of the staff and he told me some professional analysis of the customers' psychology. They need to take initiative to approach the customers by having a friendly attitude and asking specific questions. They need to react fast to the customers' needs and introduce corresponding products. Add-on selling is also encouraged to boost sell. Therefore, I truly admire their spirit and hard-work.

Yet, I think deficiency still exists in the programme, which is the arrangement of different sections. In my opinion, the field work could be extended as we can learn most in this period. We may come across with different circumstances and it requires our A.Q. to solve. It absolutely can train our impartiality and confidence. If time is ever allowed, having internship in more than one shop is preferred.

Last but not least, this program has broadened my horizon in the business field and provided me with meaningful and unforgettable experience. It was the first time for me to get into the restricted area without a boarding pass! I would like to take this opportunity to thank the staff from Dufray for their provision of lecture and training.



Kong Wing Pui

CUHK Summer Clinical Attachment Programme



Careers Expo



Careers Expo on 16 May 2015

5F Joanne Tung



The careers expo was inspiring since it provided a platform for me to get information about the occupation that I was interested in. I joined the sharing section for the journalism. The guest shared much about his own experience and I have learnt a lot. He told us that there were actually plenty of jobs which were involved in this industry. All the participants shared their viewpoints to their dream jobs in the industry and the guest gave corresponding advices to our choices of job.

After attending the talk, I asked myself whether I was really interested in joining such a tiring industry as what the guest said. The answer was definitely yes. I am glad that this event has given me the chance to reflect on my interested job once more and enhanced my understandings about myself. The event was really meaningful and it has guided me to explore more about my life planning too.

Career Live – Stimulation Game 職業體驗遊戲



Flourishing Life Charity Bazaar on School Open Day & Parents' Day

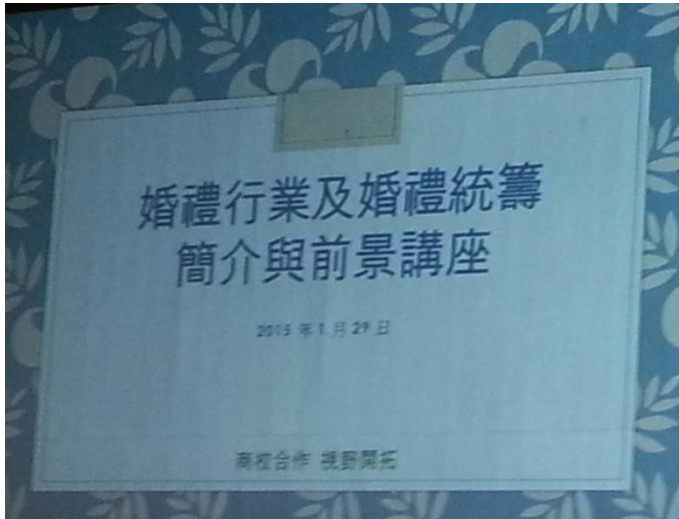


Company Visits ...





Careers Talk & Competition ...



婚禮及活動統籌主題設計比賽 – 決賽日



資歷架構 -- DIY香薰護理產品及溝通技巧工作坊

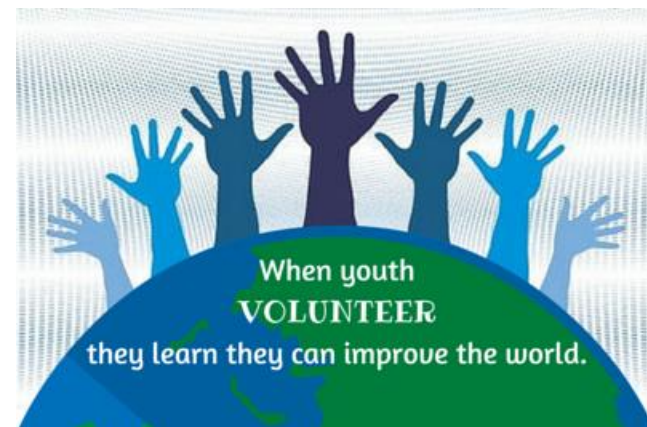


Youth Square Community Service

「老友記青年行」同樂日



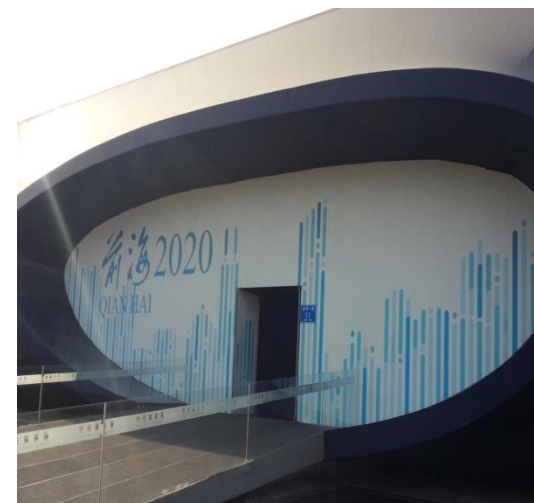
粵港青少年志願工作者雙向交流 考察之旅之廣州回訪

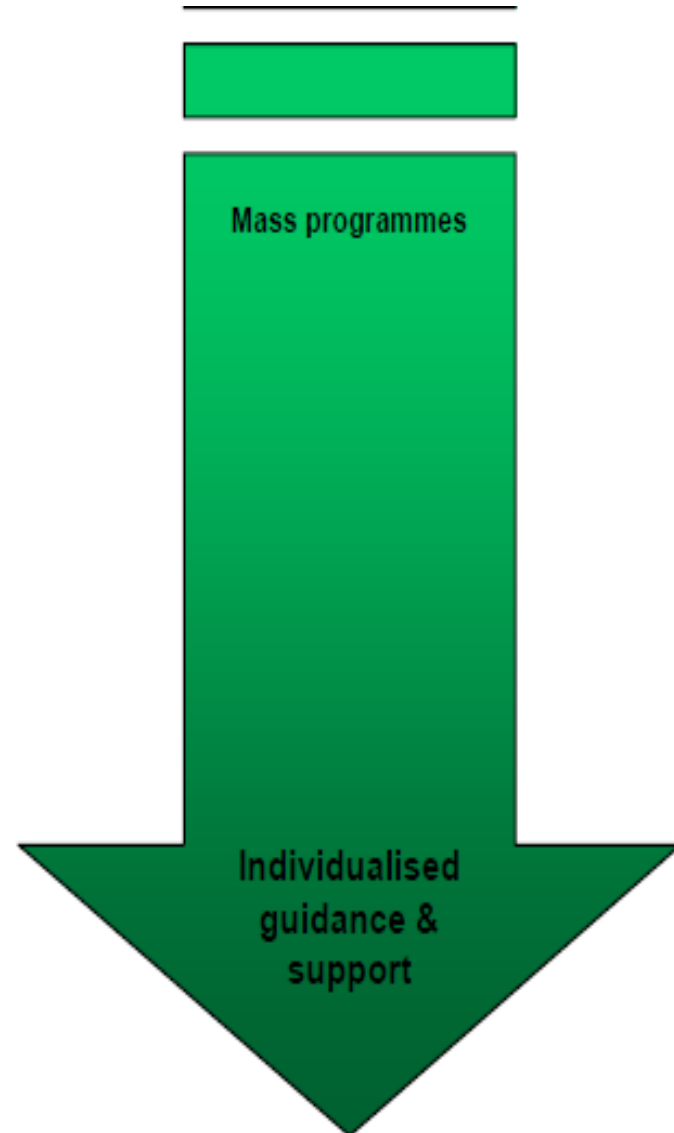
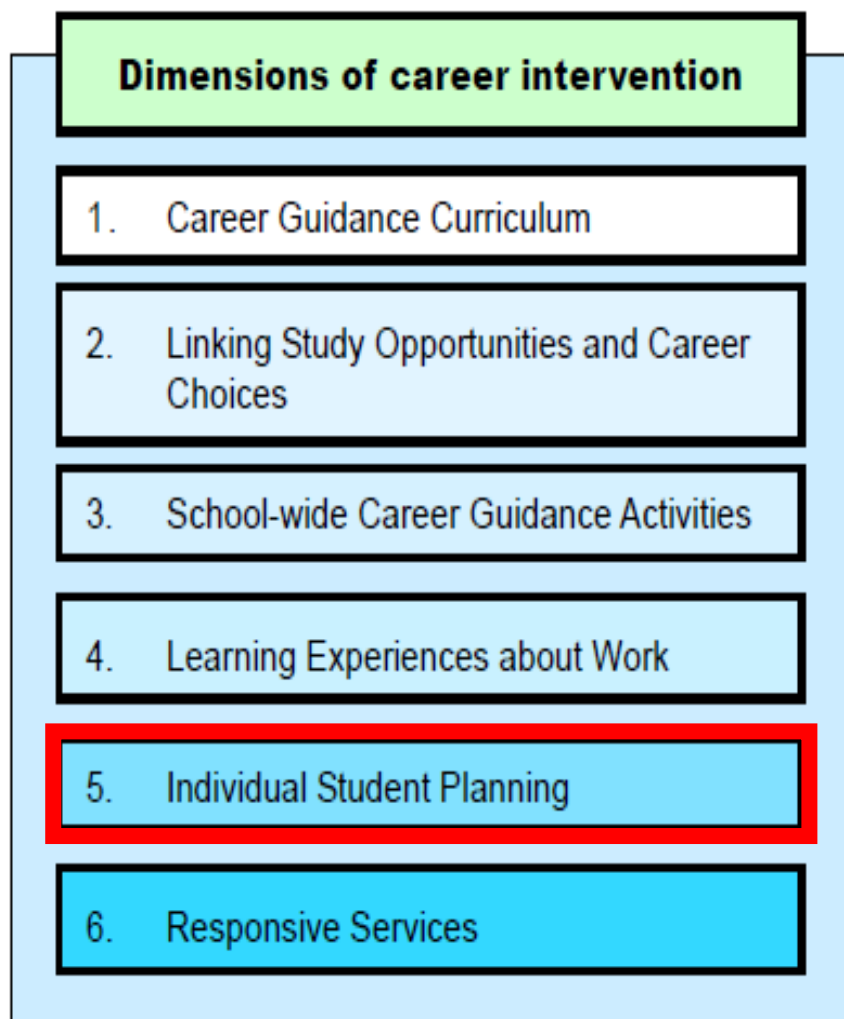


Mainland Exchange Programme - An Exploration into the Economic Development and Guangdong-Hong Kong Cooperation in Nansha and Qianhai



南沙、前海的經濟發展和 粵港合作探索之旅





Reference:

Career Guidance Team, Education Bureau (2011), Recommendations on Career Guidance for Secondary Schools under the New Academic Structure.

Teacher-Student Conference (All FTs & Form Coordination Committee)



Junior Forms ...

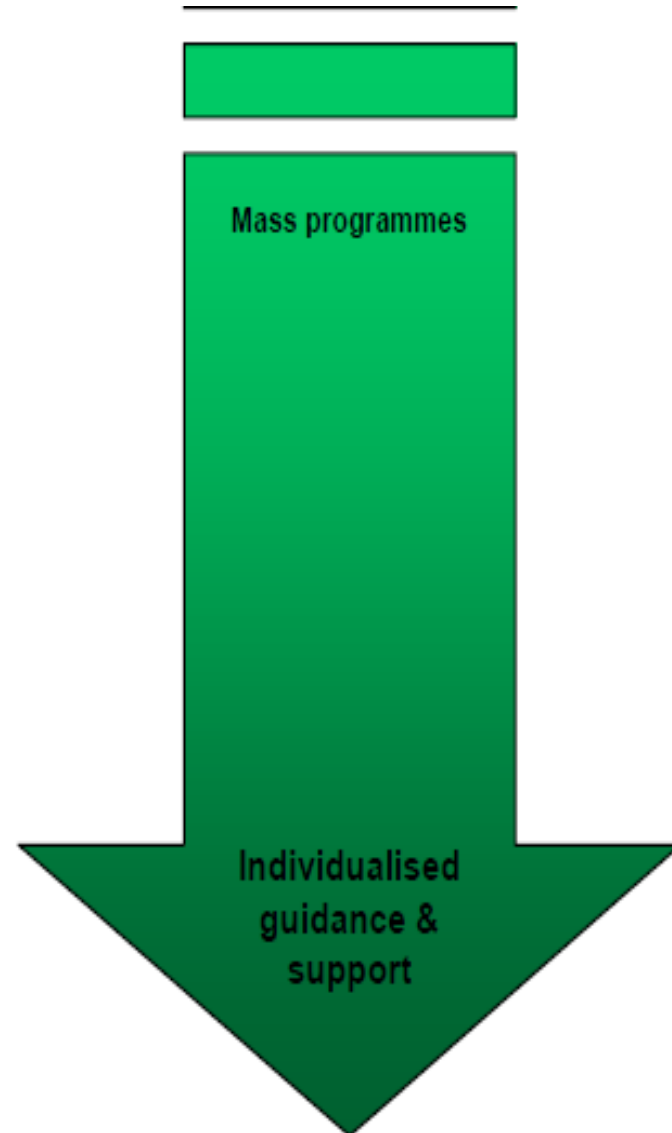
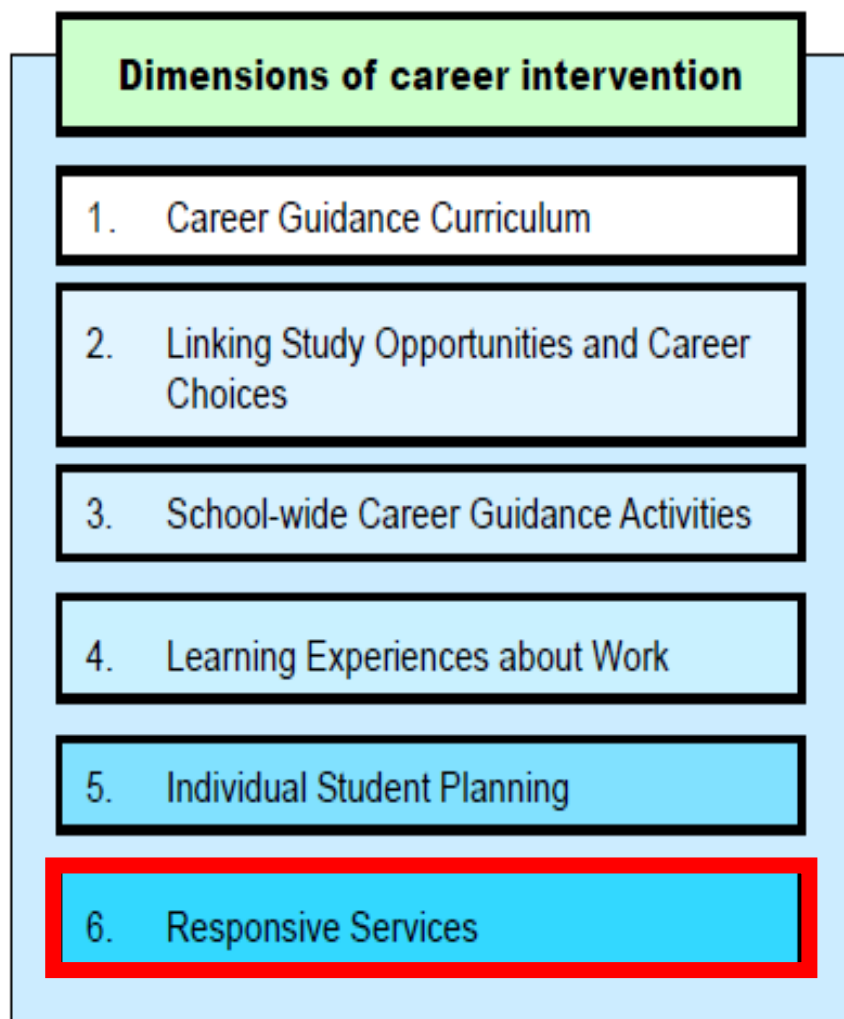
- F1 Adaptation Program
(GS, DS, CS , CES, PCRES)
- Teacher-Student Conferences
(FC) (FTs)
- Form Teacher Periods
(MCES) (FTs)
- Initial Study Plan
(MC1) (FTs)



Senior Forms ...

- Career Interest Inventory (CS)
- Teacher-Student Conferences (FC) (FTs)
- Form Teacher Periods (MCES) (FTs)
- Reflective construction of Student Learning Profile (SLP) (SAMS)
- “Personal Statement Writing” lessons (English Department)
- Completion of “My Multiple Pathways Action Plan” (CS)





Reference:

Career Guidance Team, Education Bureau (2011), Recommendations on Career Guidance for Secondary Schools under the New Academic Structure.

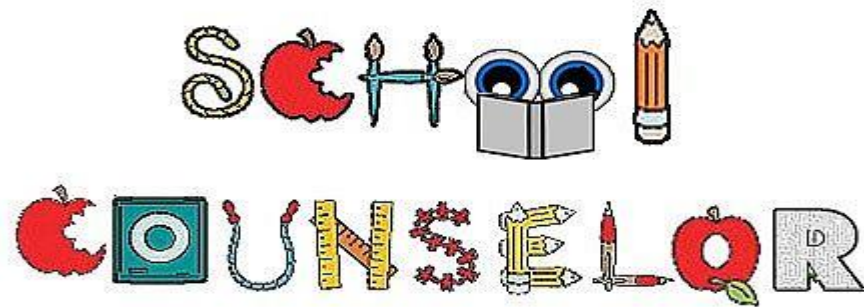
NSS Elective Subjects Consultation Session for F3 students

SUBJECTS	ROOM
ICT, Chemistry, History	303
Chi.History, M1/M2, Economics	304
Physics, Biology, Geography	309/310 <i>Geog Rm</i>
BAFS(A), C.Literature, ERS	313



Alumni Sharing Session for F5 students

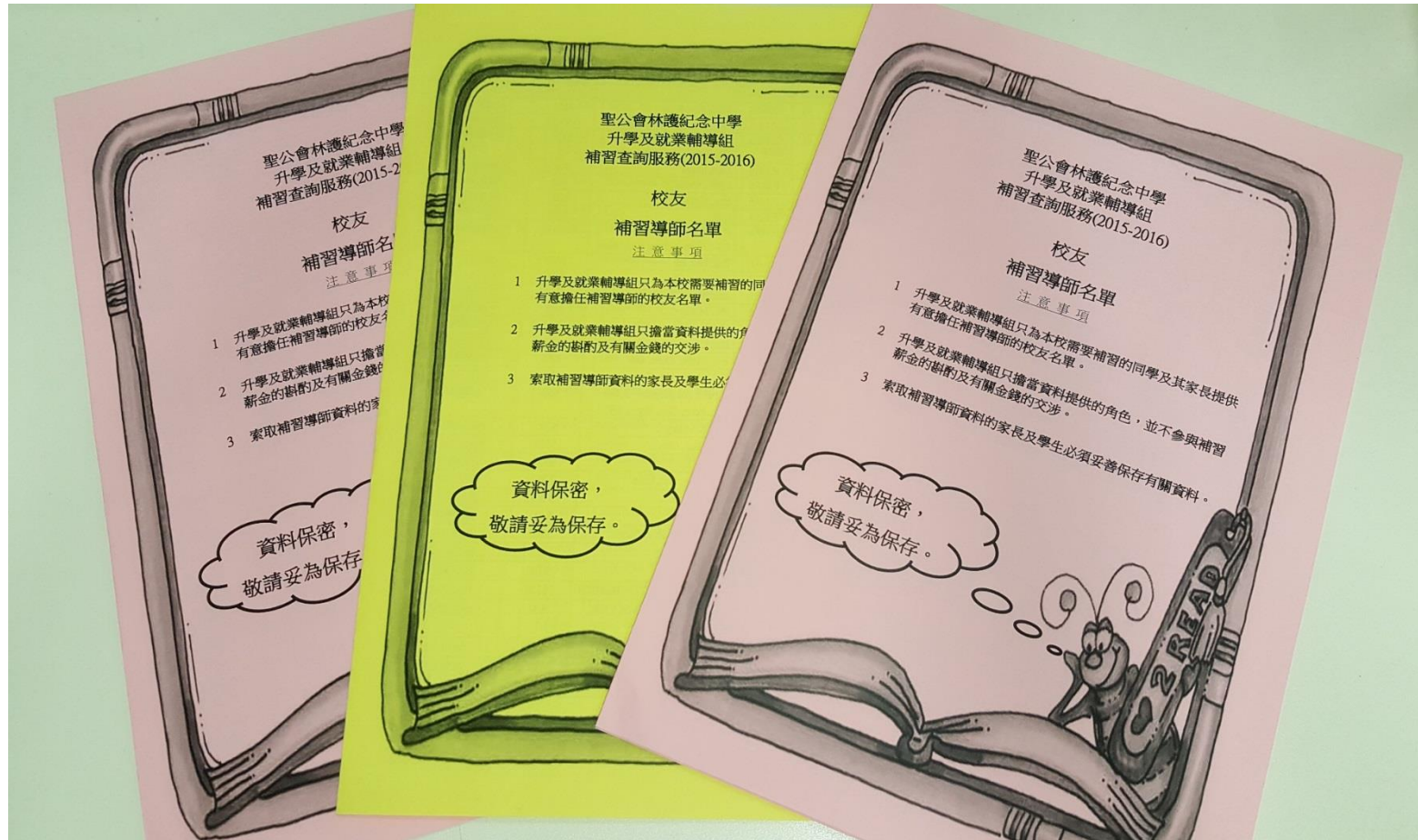




- Guidance & counseling for the repeaters and students who need career guidance on subject selection / subject dropping / JUPAS strategy or further studies...
(CS) (GS) (FTs) (Subject Ts) (Senior Ts)



Careers & Private Tuition Service



校本明報生涯規劃網站

- 網址：lamwoo.lifeplanning.com.hk

← → lamwoo.lifeplanning.com.hk/#/ 應用程式 新增分頁 聖公會林護紀念中學

首頁 校長的話 校園動向 行業資訊 升學導覽 創業工場 職場動態 錄像區 社交禮儀 家長區 生涯規劃其他活動

SKH LAM WOO MEMORIAL SECONDARY SCHOOL
聖公會林護紀念中學

《生涯規劃》網站

搜尋...



 校園動向

校內活動

2016-3-24 Company Visit, Workshop & Job Shadowing @ Nuance Group

更多 >

工作紙

下載中六級大學聯招資料冊1516...

中六級大學聯招資料冊1516...

校友冊

2015-11-5 Alumni D...

Flourishing Life...

最新消息

2016-3-24 Company Visit, Workshop & Job Shadowing @ Nuance Group

2016-3-16 恒生 - 社聯青年職業探索計劃 1516 - 參觀藍天製作室 - 航拍行業

2016-3-6 恒生 - 社聯青年職業探索計劃 1516 - 參觀香港演藝學院 - 舞台設計行業

2016-2-28 荃灣老圍村社區美化建設日

2016-2-22 Company Visit @ Cathay City

Thank
You!



SKH Lam Woo Memorial Secondary School

Go Forward Together –

Life Planning Education Sharing



Mr. Cheung Fung 30-5-2016

Manpower and Resources Planning



School leaders, teachers,
functional & subject teams,
other school personnel



Parents - PTA



Alumni - OSA

External Partners

EDB, Further studies institutions,
NGOs, Employers in the business
& industrial sectors, Community
organizations ... etc.

Manpower Resource:

PTA, Alumni, St. James Settlement,
SKH churches...

Financial Resource:

PTA, Alumni, CLP Grant, QEF...



Self-understanding & Career Exploration



PROBE

「我喜愛的職業」探索

- Help students think about their possible plans for the future and how they might get there.
- Help students gain confidence and avoid stress when they are presented with similar tests by employers or academic institutions in the future.



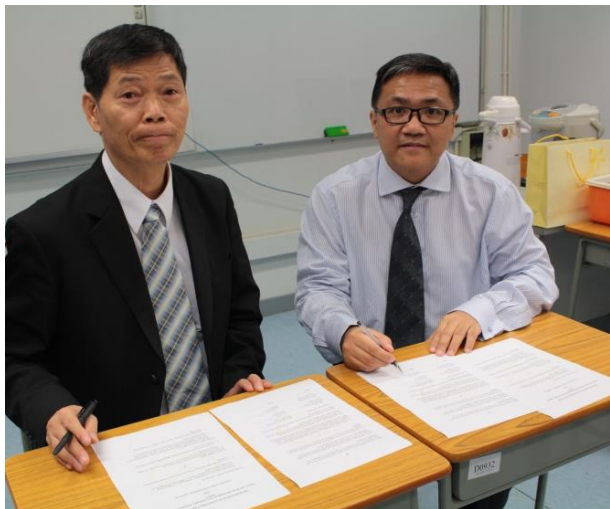
Life Planning Education Talk for Parents





長庚大學代表到訪本校

雙方簽署諒解備忘錄



Taiwan University Taster Programs

- 「大學體驗計劃在台灣--長庚大學（醫學院）」 29/6 – 3/7/2015
- 「大學體驗計劃在台灣--長庚大學（醫學院）」 27/6 – 1/7/2016



Orthopaedics & Traumatology	General Surgery	Emergency Medicine
Family Medicine	Paediatrics	Psychiatry
Anaesthesiology	Obstetrics & Gynaecology	Geriatric Medicine
Rheumatology	Neurology	Neurosurgery
Ophthalmology	Clinical Oncology	Radiology
Endocrinology, Diabetes & Metabolism	Haematology & Haematological Oncology	Gastroenterology & Hepatology
Respiratory Medicine	Cardiology	Nephrology
Nuclear Medicine	Internal Medicine	Urology
Clinical Microbiology & Infection	Pathology	

Lam Woo Medical Reunion



Taiwan University Taster Programs

- 「大學體驗計劃在台灣--長榮大學」 23/6 – 26/6/2015
- 「大學體驗計劃在台灣--長榮大學」 26/4 – 29/4/2016



Visit Taiwan university

國立中山大學



Career Sparkle

Self-understanding Workshop for F3 students



Career Sparkle

Career Live for F3 students



Thank
You!



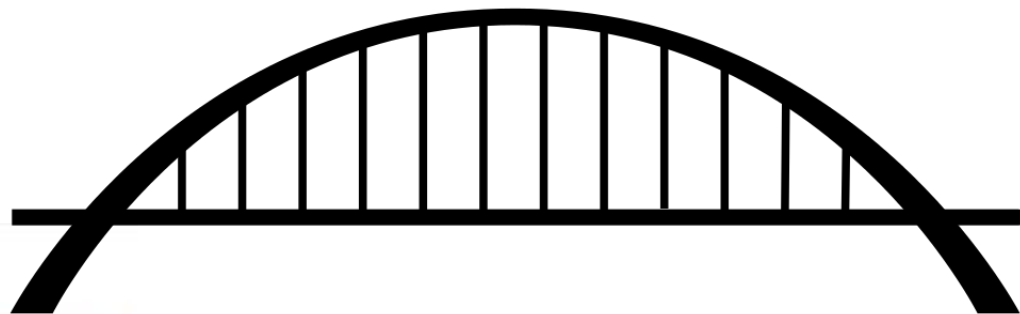
SKH Lam Woo Memorial Secondary School

Go Forward Together – Life Planning Education Sharing

**Promoting Life Planning Education through
Home-School cooperation**



Mrs. Cheung & Mrs. Chan 30-5-2016



家庭

信任 ♥ 支持 ♥ 溝通

聖公會林護紀念中學



家長教師會

聯絡

義務工作

安排



認識世界

- 2016暑期少年漢英翻譯班（北京）

香港少年宮與北京外國語大學培訓學院聯合舉辦

- COA職業興趣及潛能測試

- 香港基督教輔導學院

- 歐洲升學途徑

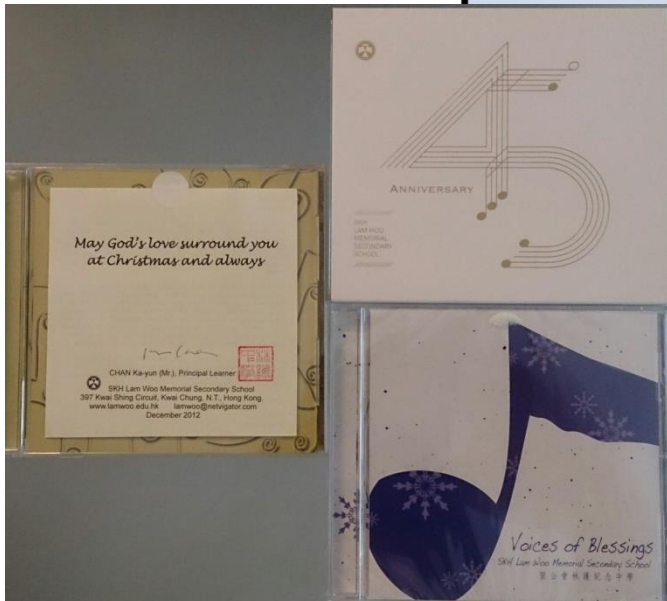


讓世界認識我們

- 世界領導人
- 世界教育學府
- 著名教授

郵寄

包裝



認識本地大學

家長教師會大旅行 2014-2015

UST



家長教師會大旅行 2015-2016

HKU



家長教師會大旅行 2015-2016

HKU

師兄接待 ♥ 親切 ♥ 鼓勵



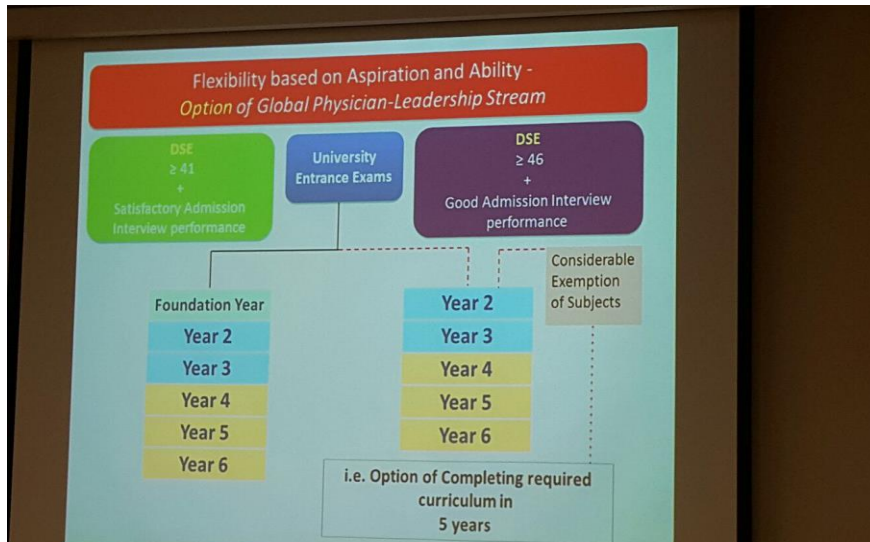
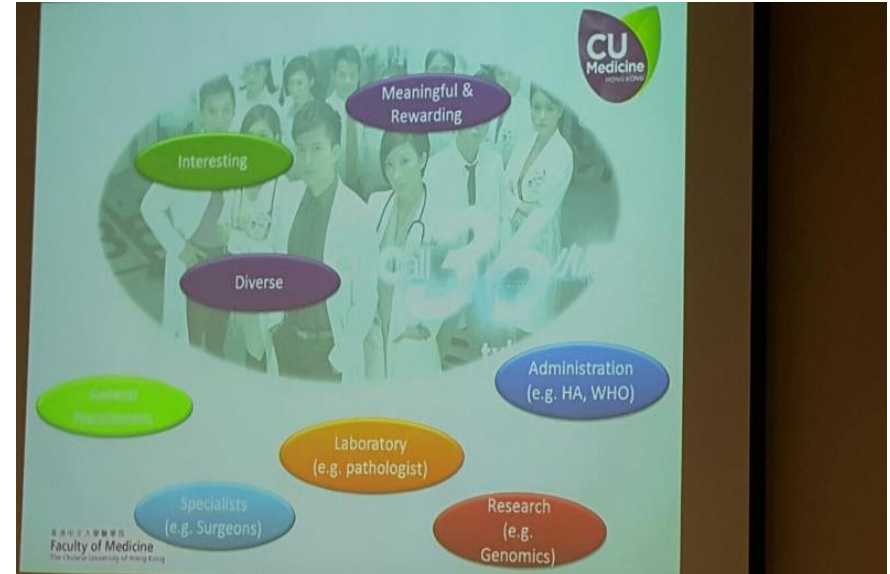
中文大學醫學院入學講座及參觀活動2016



親子參觀



中文大學醫學院入學講座及參觀活動2016



家長參與社區服務

探訪老人院舍－聖公會林護長者之家



服侍 ♥ 了解 ♥ 與時並進



生涯規劃背後

家長預備三文治



專題分享



「家」添茶座及「家長團契」活動

親親大自然



DIY筆袋



「玫瑰嗜哩」製作



農曆新年水仙球



學校週年開放日



家長也敬師



畢業袍



送星大行動



送星大行動



緊密

強大



學校文化

代代相傳

家長校董的協助

- 香港中學生文藝月刊
頒獎典禮



- 伸手助人協會



- 香港聖公會聖尼哥拉幼兒學校



Thank
You!

