Updated on 2021/12/15

Visual	Chinese subtitles	English subtitles
次序:	[生涯規劃●活出真我 VI]	Life Planning●Living a Real Me VI
呂紀均	Life Planning Living a Real Me VI	
羅碧芝		
陳恩碩		
陳璧沁		
	[林偉豪 - 主持]	Calvin Lam - Host
[林偉豪 - 主持]	我有一個夢想	I have a dream
	夢想做老師	I want to be a teacher,
	做消防員、做科學家	a fireman, a scientist
	你可能都有個夢想	You may also have a dream
	今集的主角也有一個夢想	Our guest of this episode also has a dream
	他 4 歲開始參演舞台劇	He started performing drama when he was 4
	15 歲便首次執導音樂劇	and first directed a musical when he was 15
	年紀輕輕便成為導演	He became a director at such a young age
	我們一起看看他如何實現他的夢想	Let us see how he achieved his dream
	[導演的青春日誌]	Youth Journal of a Director
[陳恩碩]	大家好·我叫陳恩碩 Tom	Hi, I am Chan Yan-shek, Tom
-	我是一個音樂劇創作人及製作人	I am a musical composer and producer
Caption + 簡介	[Caption]	
	[陳恩碩 Tom - 音樂劇導演	Chan Yan-shek, Tom
		Musical Director
	簡介	
	倫敦大學 Royal Holloway 戲劇及劇場碩士學位	Profile
	畢業	Graduate of
		Master of Arts in Drama, Theatre and Dance by
	英國巴斯泉大學音樂碩士學位畢業	Research, Royal Holloway, University of London
		Master of Arts in Songwriting, Bath Spa
	爆炸戲棚創辦人	University
		Founder and Director of Boom Theatre
[陳恩碩]	第一套舞台劇是一套兒童音樂劇	The first drama I watched was a children's
		musical
	當時我是跟著父母去觀看	I watched it with my parents
	對於我來說・那一套音樂劇是一個啟蒙	For me, that musical was an enlightenment
	因為看完那套音樂劇後	After watching that musical,
	我就跟父母說	I told my parents
	我很想像舞台上的人一樣	I really wanted to perform like those people on
	在舞台上表演	stage
[林偉豪]	Tom 由演員到慢慢發現自己喜歡幕後的工作	Tom discovered that his interest gradually
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		changed from acting to backstage work
		With his passion in drama,
	憑著對舞台劇的熱誠	he directed his debut musical at the age of 15
	15 歲便首次執導音樂劇	Later, he set up his own theatre company
	其後更創辦屬於自己的劇團	, , , , , , , , , , , , , , , , , , ,
[陳恩碩]	擔任了這個音樂劇的導演後	After taking up the role as a director of this
		musical,
	我發覺原來	I found out that
	(我)沒有想過自己那麼享受擔任導演	I had never imagined myself enjoying directing
	或是從零開始創作一套音樂劇的過程	or the process of creating a musical from
		sketches so much
[陳恩碩]	這(一次經歷)亦影響了我在升讀大學時	This experience affected my choice of study in
		the university
	決定必須要修讀與戲劇相關的科目	I was determined to study some theatre-related
		subjects
	因為我認為我需要更多的基礎知識	As I believed I needed more basic knowledge
		to facilitate my work as a director in the future
	讓我日後在投身導演工作的路途時	
	可以走得更加舒服	I discussed with my parents by then
	當時我曾跟父母商量	regarding what courses I should enrol in the
	關於(大學)修讀什麼科目	university
	其實他們都十分支持	They were actually very supportive
	但是當然我在跟父母商量時	Yet, of course, during the discussion,
	他們都問得十分清楚	they asked me a lot of questions
	「你是否真的決定要修讀這個科目?」	"Are you really determined to take this course?"
		"You also have to consider the advantages and
	「你亦要考慮你修讀這個科目	disadvantages of taking this course."
	有什麼好處、有什麼壞處。」	"What do you want to do after graduation?"
	「畢業後你希望做什麼工作?」	My parents guided me to think about many
		questions clearly
	我的父母很清晰地引導我思考了很多問題	
[林偉豪] VO	真正投入導演工作後	After working as a director,
	Tom 發現這個崗位並非他想像中的簡單	Tom realised that the role was not as simple as
		he thought
[陳恩碩]	未真正成為一個音樂劇的導演前	Before working as a musical director,
	我認為導演的崗位	I thought a director was a person
	真的只是對別人「指指點點」	who just had to order or
	指揮這個演員站在這邊、那個演員站在那邊	instruct the actors/ actresses to stand here or
	但真正成為導演後	there
	才發現原來有很多事情都需要由導演處理	However, after being a director,
	甚至連財政的問題	I found that a director had to deal with a lot of
	其實都需要導演處理	things

		including even financial issues
[陳恩碩]	其實導演是需要懂得和整個(製作)團隊內	In fact, a director has to know how to
		communicate
	每個部門的工作人員溝通	with members in different sectors of the
		production crew
	亦需要告訴他們我內心的想法	I have to tell them my ideas
	應該如何將這些想法執行出來	and how to put them into practice
	亦需要宏觀地留意整個製作	Also, I have to pay attention to the whole
		production from a macro view
	不同演員之間的關係	The relationship between different actors/
	角色之間的關係是怎樣	actresses
	亦需要引導演員	The relationship between different characters
	理解劇本背後要帶出的信息	I also have to guide the actors/ actresses
	需要做很多資料搜集	to understand the messages of the play
	例如有關劇本的歷史背景	A lot of researches have to be done,
		for example the historical background of the play
	所以在過程中有很多非常煩瑣的事情	Hence, there are many tedious things to be
		taken care of
[林偉豪]	Tom 一步一步向著自己的夢想前進	Tom is taking his steps towards his dream
		During the progress, he gained his parents'
	一直都得到父母的支持	continual support
	家庭與學校合作事宜委員會主席	Mr Eugene Fong Yick-jin, Chairman of the
	方奕展先生亦指出	Committee on Home-School Co-operation, also
		stated that
	家長在子女的生涯規劃路上	parents play a very important role in their
	扮演著相當重要的角色	children's life planning process
	[家庭與學校合作事宜委員會主席 - 方奕展先生]	Mr Eugene Fong Yick-jin,
		Chairman of the Committee on Home-School
		Co-operation
[家庭與學校合	我認為家長在協助子女做生涯規劃時	I believe parents can act as a navigator of their
作事宜委員會主	可以擔當一個導航者的角色	children's life planning
席 - 方奕展先		They can also give children a clear direction
生]	給予子女一個清晰的方向	and share their personal experiences and
	(在討論時)亦可加入家長個人的經驗、背景等	background, etc. during discussion
	讓子女可以多方面分析	so that children can analyse from multiple
		perspectives
[林偉豪]	假如父母的期望與子女的理想有落差	If there are discrepancies between parents' and
		children's expectations,
	家長又可以怎樣呢?	what can parents do?
[方奕展]	我認為家長需要盡量嘗試找一些空間	I think parents should try to explore chances to
	來表達他們對子女的「愛」及「關懷」	express their "love" and "care" to their children

	讓子女明白到家長重視他們	By doing so, their children will understand how
		much their parents treasure them
	歸根究柢	After all,
	這選擇始終是關於子女(自己)將來的路向	the choice is related to the future of children
		themselves
	子女需要自己去面對	Children have to face that by themselves
	但他們要相信一件事	Yet, they have to believe that
	家長是為子女設想的	parents always think for their children
	因為沒有絕對正確或錯誤(的選擇)	There is no absolute right or wrong choice
	沒有人能斷言作出這個決定後	No one can say for sure that
	(投身)這個行業就會一帆風順	the decision to join this industry will be
		promising
	在(每個)行業內	In every industry,
	有很多周邊的選擇	there are many choices
	大家如何取得共識?	How can we compromise?
	就要抱著開放的態度	We have to keep an open mind
[方奕展]	了解子女的強與弱	Understand the strengths and weaknesses of
		your children
	然後做一個好的決定	and then make a good decision
	這一個家庭	This family
	這一個決定	This decision
	不敢說這必定是正確的道路	We don't dare to say that the choice is absolutely
		correct
	不過將會是一個大家都同意的結果	but it will be a decision agreed by everyone
[林偉豪]	方先生建議家長	Mr Fong suggested parents
	可以向老師、家長教師會	to seek advice from teachers, the Parent-Teacher
		Associations
	或相關行業人士尋求意見	or related parties in relevant industries
	了解不同行業的最新發展	to understand the latest development of
		different industries
	協助子女多角度思考	so as to facilitate their children's multiple-
		perspective thinking
	制訂適合自己的路向	and map out a suitable pathway for their children
End slogan	[我好幸運地很早就找到自己興趣	I am lucky to have found my interests when I was
	經過十多年之後·我仍然堅持自己夢想 -陳恩碩]	young. After more than ten years, I am still
		striving for it – Tom Chan
Flip	白底 + 教育局 logo	