Topic 5: Experience and Reflection

Experience 1: Pursue Your Dreams

Duration: 30 minutes

Type: Individual

Materials:	A large drawing paper (Divide every 10 years into a row), little objects (e.g. different emojis)
Activity content:	1. The teacher-in-charge will prepare a large drawing paper which has separated areas for different age groups.
	Ages 0 – 10 Ages 11 - 20 Ages 21 - 30 Ages 31-40 Ages 41-50 Ages 51-60 Ages 61 or Above
	2. Participating teachers can choose a little object to represent their dreams.
	3. "When did you have your first dream?" The host asked.
	4. Participating teacher will put the little object on the area of the selected age group
	5. The host will invite teachers to share their thoughts and feelings by using t following questions:
	 I) When did you start having dreams? What is your first dream? II) Why do you want to be a teacher? III) Have you gained any achievements or satisfaction from career development? IV) In the process of life planning, have you received any support from significant other IV) Have you met any challenges or difficulties? V) What are the dreams of the NCS students that you have reached or taught? VI) What is your role when you are getting along with them? VII) Please write down your expectations and supportive messages to NCS students the drawing paper.

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Experience 2: Experience Sharing by NCS speakers

Duration: 30 minute

Type: Group

Materials:	Guest souvenirs
Activity Content:	 The sharing session includes: Education in Hong Kong Personal experience on career development Keys to success Teacher support Challenges and difficulties in learning Career planning and prospect Q & A Session

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Experience 3: "S.W.O.T." – Supporting NCS students on life planning

Duration: 30 minute

Type:

Group (5 students)

Material:	Large drawing papers (one for each group), colour pencils
Activity Content:	 5 teachers in a group and each group will receive a large drawing paper and a box of colour pencils. Each group have to draw four areas on the paper, namely "Strengths (S)", "Weaknesses (W)", "Opportunities (O)" and "Threats (T)" respectively. Participating teachers have to discuss and review the school's current status of the life planning support for NCS students using the SWOT analysis within 10 minutes. Each group have to exchange their discussion outcomes and make comments (with other colour pencils) on the "SWOT" map of other groups. Each group can share their opinions after the activity.
Guideline:	"Strengths (S)" –What is/are the strength(s) of the school? Could this/these strength(s) support life planning of NCS students? "Weaknesses (W)"– What is/are the disadvantage(s) of the school? "Opportunities (O)" – What resources/ external supports do you know to help NCS students on life planning? "Threats (T)" – Can you identify any threats hindering the development of NCS students' life planning?

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Experience 4: Past, Present, Future

Duration: 30 minutes

Type: Individual

Materials:	Memo notes in three colours, colour pencils
Activity Content:	 Distribute three memo paper in different colours to every teacher. Invite teachers to write down messages to NCS students on every memo paper. Past: Based on your past observation/ knowledge, what are the situations/challenges of NCS students? Present: What kind of support could you provide to help them overcome the challenges? Future: What is your messages to NCS students? Post the MEMO paper and share your thoughts after the activity.